

A Fresh Start Volume 2, Issue 3 Jan/Feb 2022

LET'S START FRESH THIS YEAR!

Want to try something new this year? Looking for a fresh start? You're not alone! Last year an estimated 164 million Americans (approx. 65% of the population) said they wanted to learn something new, make a lifestyle change, or set new personal development goals in the new year. Whether you want to pick a different hobby, get organized, or change careers the library has materials, movies, and programming to support you - just stop by and let one of our knowledgeable staff members point you in the right direction.

Learn more about upcoming events at: <u>scrantonlibrary.org/events</u>

Of course, if you're looking for an inspiring book to get you started on your journey, the options are innumerable. Our staff is always ready to help. Stop by today and let us connect you to what you need to start anew!

Sincerely, Sunnie Scarpa - Library Director

AGE OF CATHEDRALS: A YALE OPEN COURSE

Thursdays, Jan. 20 – Feb. 24 6:30pm in the Lifelong Learning Room

Join us to participate in one of Yale University's most popular open courses! This class is an introduction to some of the most astonishing architectural monuments the world has ever known—Gothic cathedrals. Register online: scrantonlibrary.org/events

TECH HELP AT THE LIBRARY

Did you receive new tech toys over the holidays? We can help! Bring your device & your questions, and stop by at one of these times:

TEEN Tech Help Mon, Tues, & Wed afternoons from 2:30 - 4:30pm

> <u>Tech Help with Chris</u> Wed evenings from 7 - 8pm

"A YEAR IN THE HEART OF MADISON" RAFFLE

Coming soon for the second year in a row, you can buy a raffle ticket for only \$20 and have a chance to win an amazing prize. Support our library and many of Madison's businesses and restaurants at the same time! Tickets go on sale on our website on January 10th with the drawing held on Valentine's Day. Be part of this great event and support our amazing local vendors.

Four amazing prize packages include:

'Eat Your Heart Out' - 52 gift cards for \$50 each to Cafe Allegre, Friends & Company, Jia Mei, Lenny & Joe's, Bradley & Wall, Donahue's Madison Beach Grille, Grand Apizza, and The Moonlit Baker.
'Love Your Local' - 55 gift cards for \$40 each to Walker Loden, Willow and Birch, The Audubon Shop, Robertson Madison, Ciao Bella, J. Horton, The Country Shop, and Water Street Jewelers.
'Sweet and Savory'- 56 gift cards for \$30 each to Ashley's Ice Cream, Madison Coffee House, Meriano's Bake Shoppe, The Shoreline Vine, Madison Cheese Shop & Cafe, Italian Food Store, and Savvy Tea Gourmet.
'Home Sweet Home'- 54 gift cards for \$30 each to Madison Earth Care, BDL Photos & Gifts, Wall Street Gallery, Junk-2-Junque, Neighborhood Vintage, Homeward Collective, and Madison Dry Cleaners.

THE LIVING LIBRARY PROJECT

by Samantha Pullaro, Master Gardner

The Living Library Project kicked off this summer with a siege on weeds: a group of dedicated volunteers



completed a total of 61 hours of weeding from July to October. Native seeds collected locally and made available for free at the library were snapped up by curious and eager patrons.

The purpose of the LLP is to employ the library grounds as a resource about plants, healthy soils, the roles of insects, and more to be presented through classes, clinics, plant identification sessions, etc.

New workshops and "office hours" will be starting in the spring, so check the library calendar at: <u>scrantonlibrary.org/events</u> or visit the library's website: <u>scrantonlibrary.org</u> and sign up to receive Library News via email, so you never miss an event!

If you'd like to learn more about topics pertinent to your garden, the Living Library Project, or the coming season, go to: <u>ladybug.uconn.edu/</u>.

ATOMIC HABITS: AN EASY & PROVEN WAY TO BUILD GOOD HABITS & BREAK BAD ONES BY JAMES CLEAR

by Emily Rush, Reference Librarian

What better way to start a new year than by looking at your habits - both good and bad. Did you know that forming habits is the brain's attempt at efficiency? When we do things without thinking about them first, the brain can conserve energy for tasks that require more thought and engagement. Clear's book provides straightforward and precise guidance on setting habits, sticking with them, and dropping the bad ones. It's available in print and as an audiobook or ebook through Overdrive. Hop over to our website at scrantonlibrary.org for more info.

WAYS TO DONATE:

- Donate online at <u>www.scrantonlibrary.org/support-the-library</u>
- Send a check to 801 Boston Post Road, Madison, CT 06443
- Choose E.C. Scranton Memorial Library while shopping at <u>smile.amazon.com</u>
- Make a gift via **PayPal** at: <u>bit.ly/scrantonpaypal</u> or **Venmo** @scrantonmemoriallibraryct
- Buy a brick! More info at: <u>scrantonlibrary.org/support-the-library</u>

LIBRARY HOURS

Monday 9:30am - 5pm Tuesday 9:30am - 8pm Wednesday 9:30am - 8pm Thursday 9:30am - 8pm Friday 9:30am - 5pm Saturdays 9:30am - 5pm

"Isn't it nice to think that tomorrow is a new day with no mistakes in it yet?"

- Anne of Green Gables

SCRANTON LIBRARY FRIENDS

Book donations:

We have stopped collecting book donations for the winter. We will re-open our book donation cabinets in March.

<u>Contact us:</u> friends@scrantonlibrary.org

JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28 <u>After School Anime</u> 4:00pm - 6:00pm <u>Knitting Club</u> 6:30pm - 7:30pm	29 <u>Teen Creative</u> <u>Writing Group</u> 5:00pm - 6:00pm <u>Tech Help with Chris</u> 7:00pm - 8:00pm	30 <u>Teen Night</u> 5:00pm - 8:00pm	31	1
2	3 9:30am - 10:00am <u>Walkers & Wigglers</u> 10:30am - 11:00am <u>Teen Tech Help!</u> 2:30pm - 4:30pm	4 <u>Toddler Craft Time</u> 10:30am - 11:00am <u>Teen Tech Help!</u> 2:30pm - 4:30pm	5 <u>Teen Tech Help!</u> 2:30pm - 4:30pm <u>Cool-ology: Snow</u> <u>and Ice Lab</u> 4:00pm - 5:00pm <u>Teen Creative</u> <u>Writing Group</u> 5:00pm - 6:00pm <u>Tech Help with Chris</u> 7:00pm - 8:00pm	6 <u>Novels & Nibbles</u> 4:00pm - 5:00pm <u>Teen Night</u> 5:00pm - 8:00pm <u>Knitting Club</u> 6:30pm - 7:30pm	7	8 <u>Scranton Writers'</u> <u>Club</u> 10:00am - 11:30am
9	10 <u>Crawlers & Cuddlers</u> 9:30am - 10:00am <u>Walkers & Wigglers</u> 10:30am - 11:00am	11 Toddler Craft Time 10:30am - 11:00am Teen Tech Help! 2:30pm - 4:30pm Technology 101: A Beginner's Class! 3:00pm - 4:00pm Craft of the Month! 5:00pm - 8:00pm Madison Movie Chat! 6:30pm - 7:30pm	12 12 <u>Teen Tech Help!</u> 2:30pm - 4:30pm <u>Teen Creative</u> <u>Writing Group</u> 5:00pm - 6:00pm <u>Italy: A Cultural</u> <u>Journey (In-Person</u> <u>Session)</u> 6:30pm - 7:30pm <u>Italy: A Cultural</u> <u>Journey (Virtual</u> <u>Session)</u> 6:30pm - 7:30pm <u>Tech Help with Chris</u> 7:00pm - 8:00pm	13 <u>It's Magic! Process</u> <u>Art with Magic Milk.</u> 4:00pm - 5:00pm <u>Teen Night</u> 5:00pm - 8:00pm <u>Knitting Club</u> 6:30pm - 7:30pm <u>Winter Mindfulness</u> <u>Meditation</u> 7:00pm - 8:00pm	14	15 <u>Teen Dungeons and</u> <u>Dragons</u> 1:00pm - 5:00pm
16	17	18 Toddler Craft Time 10:30am - 11:00am <u>Teen Tech Help!</u> 2:30pm - 4:30pm <u>DIY Drop-In!</u> 5:00pm - 8:00pm	19 Teen Tech Help! 2:30pm - 4:30pm STEAM Storytime 4:00pm - 4:45pm Teen Creative Writing Group 5:00pm - 6:00pm Classics @ Scranton: "Northanger Abbey" 6:30pm - 7:30pm Tech Help with Chris 7:00pm - 8:00pm	20 Novels & Nibbles 4:00pm - 5:00pm Teen Night 5:00pm - 8:00pm Age of Cathedrals: A Yale Open Course! 6:30pm - 7:30pm Knitting Club 6:30pm - 7:30pm Winter Mindfulness Meditation 7:00pm - 8:00pm	21	22 <u>LEGOS, LEGOS, LEGOS</u> 10:00am - 12:00pm
23	24 <u>Crawlers & Cuddlers</u> 9:30am - 10:00am <u>Walkers & Wigglers</u> 10:30am - 11:00am	25 Toddler Craft Time 10:30am - 11:00am Teen Tech Help! 2:30pm - 4:30pm DIY Drop-In! 5:00pm - 8:00pm Madison Movie Chat! 6:30pm - 7:30pm	26 <u>Teen Tech Help!</u> 2:30pm - 4:30pm <u>Teen Creative</u> <u>Writing Group</u> 5:00pm - 6:00pm <u>Tech Help with Chris</u> 7:00pm - 8:00pm	27 Slime Lab: Erupting Slime 4:00pm - 5:00pm Teen Night 5:00pm - 8:00pm Age of Cathedrals: A Yale Open Course! 6:30pm - 7:30pm Hiding in Plain Sight: Bringing Our Jewish Family's Truth to Light 6:30pm - 7:30pm Knitting Club 6:30pm - 7:30pm Knitting Club 6:30pm - 7:30pm Knitting Club 6:30pm - 7:30pm	28	29 <u>The Big Read Book</u> <u>Club: "The Cold</u> <u>Millions" (In-Person)</u> 10:00am - 11:00am <u>The Big Read Book</u> <u>Club: "The Cold</u> <u>Millions" (Virtual)</u> 10:00am - 11:00am <u>The Paper Airplane</u> <u>Challenge</u> 10:30am - 11:30am
30	31 9:30am - 10:00am <u>Walkers & Wigglers</u> 10:30am - 11:00am	1 Toddler Craft Time 10:30am - 11:00am Teen Tech Help! 2:30pm - 4:30pm Craft of the Month! 5:00pm - 8:00pm Madison Movie Chat! 6:30pm - 7:30pm	2 Bilingual Storytime with ABC Amigos 10:00am - 10:30am Teen Tech Help! 2:30pm - 4:30pm Teen Creative Writing Group 5:00pm - 6:00pm Tech Help with Chris 7:00pm - 8:00pm	 How to Draw a Cartoon Animal 4:00pm - 5:00pm Novels & Nibbles 4:00pm - 5:00pm Teen Night 5:00pm - 8:00pm Age of Cathedrals: A Yale Open Course! 6:30pm - 7:30pm Knitting Club 6:30pm - 7:30pm Winter Mindfulness Meditation 7:00pm - 8:00pm 	4	5

FEBRUARY 2022

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30		31 <u>Crawlers & Cuddlers</u> 9:30am - 10:00am	1 <u>Toddler Craft Time</u> 10:30am - 11:00am	2 <u>Bilingual Storytime</u> <u>with ABC Amigos</u> 10:00am - 10:30am	3 How to Draw a Cartoon Animal 4:00pm - 5:00pm	4	5
		<u>Walkers & Wigglers</u> 10:30am - 11:00am	<u>Teen Tech Help!</u> 2:30pm - 4:30pm	<u>Teen Tech Help!</u> 2:30pm - 4:30pm	<u>Novels & Nibbles</u> 4:00pm - 5:00pm		
			<u>Craft of the Month!</u> 5:00pm - 8:00pm	<u>Teen Creative</u> <u>Writing Group</u> 5:00pm - 6:00pm	<u>Teen Night</u> 5:00pm - 8:00pm		
			<u>Madison Movie Chat!</u> 6:30pm - 7:30pm	<u>Literary Gardens of</u> <u>England</u> 6:30pm - 7:30pm	<u>Age of Cathedrals: A</u> <u>Yale Open Course!</u> 6:30pm - 7:30pm		
				<u>Tech Help with Chris</u> 7:00pm - 8:00pm	<u>Knitting Club</u> 6:30pm - 7:30pm <u>Winter Mindfulness</u>		
		-	-		<u>Meditation</u> 7:00pm - 8:00pm		
6		7 <u>Crawlers & Cuddlers</u> 9:30am - 10:00am	8 <u>Toddler Craft Time</u> 10:30am - 11:00am	9 <u>Teen Creative</u> <u>Writing Group</u> 5:00pm - 6:00pm	10 <u>Spy Kids of Madison:</u> <u>How to Lift a</u> <u>Fingerprint</u> 4:00pm - 5:00pm	11	12 <u>Scranton Writers'</u> <u>Club</u> 10:00am - 11:30am
		<u>Walkers & Wigglers</u> 10:30am - 11:00am	<u>DIY Drop-In!</u> 5:00pm - 8:00pm <u>International</u> <u>Cooking Club!</u> 6:45pm - 7:45pm	<u>What to Expect with</u> <u>a Newborn Baby</u> 6:00pm - 7:00pm <u>Tech Help with Chris</u> 7:00pm - 8:00pm	<u>Teen Night</u> 5:00pm - 8:00pm		<u>Create Your Own</u> <u>Pipe Cleaner Bracelet</u> 10:30am - 11:00am
					<u>Age of Cathedrals: A</u> <u>Yale Open Course!</u> 6:30pm - 7:30pm		Teen Dungeons and Dragons 1:00pm - 5:00pm
					From Jazz to Soul: A Musical Tribute with Rhonda Denet 6:30pm - 7:30pm		
					<u>Knitting Club</u> 6:30pm - 7:30pm		
					Winter Mindfulness Meditation 7:00pm - 8:00pm		
13		14	15 <u>DIY Drop-In!</u> 5:00pm - 8:00pm	16 <u>Teen Creative</u> <u>Writing Group</u> 5:00pm - 6:00pm	17 <u>Novels & Nibbles</u> 4:00pm - 5:00pm	18	19 LEGOS, LEGOS, LEGOS 10:00am - 12:00pm
			<u>Madison Movie Chat!</u> 6:30pm - 7:30pm	<u>Connecticut 169</u> <u>Club: An Author Talk</u> with Marty Podskoch	<u>Teen Night</u> 5:00pm - 8:00pm		
				6:30pm - 7:30pm <u>Tech Help with Chris</u>	Age of Cathedrals: A Yale Open Course! 6:30pm - 7:30pm		
				7:00pm - 8:00pm	<u>Knitting Club</u> 6:30pm - 7:30pm		
					<u>Winter Mindfulness</u> <u>Meditation</u> 7:00pm - 8:00pm		
20		21	22 <u>DIY Drop-In!</u> 5:00pm - 8:00pm	23 <u>Teen Creative</u> <u>Writing Group</u> 5:00pm - 6:00pm	24 <u>Teen Night</u> 5:00pm - 8:00pm	25	26 <u>The Big Read Book</u> <u>Club: "Homegoing"</u> <u>(In-Person)</u> 1000am 1100am
				<u>Classics @ Scranton</u> 6:30pm - 7:30pm	<u>Age of Cathedrals: A</u> <u>Yale Open Course!</u> 6:30pm - 7:30pm		10:00am - 11:00am <u>The Big Read Book</u> Club: "Homegoing" (Viitual)
				<u>Tech Help with Chris</u> 7:00pm - 8:00pm	<u>Knitting Club</u> 6:30pm - 7:30pm		<u>(Virtual)</u> 10:00am - 11:00am
27		28	1 <u>DIY Drop-In!</u> 5:00pm - 8:00pm	2 Bilingual Storytime with ABC Amigos 10:00am - 10:30am	3 <u>Teen Night</u> 5:00pm - 8:00pm	4	5
			<u>Madison Movie Chat!</u> 6:30pm - 7:30pm	<u>Teen Creative</u> <u>Writing Group</u> 5:00pm - 6:00pm	<u>Knitting Club</u> 6:30pm - 7:30pm		
				<mark>Tech Help with Chris</mark> 7:00pm - 8:00pm			

For more information and to register for one of our free programs, go to: www.scrantonlibrary.org/events